

A photograph of a brown and white dog sitting on a stone floor, looking up at the legs of a person wearing black pants and dark shoes. The background is slightly blurred, showing a red chair and a window. The image is framed by a purple and green curved border with stars.

Susan Garrett's Hand Touch for RZ Set Up Lesson Plan



Thank You!

Thank you for joining us! I recognize that today, in particular, there are more and more trainers to choose from while on your dog training adventure. Your dog and I both thank you for choosing to invest your time with DogsThat.

I hope you find this Hand Touch for RZ Set Up eBook to be a great resource to your dog training.

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Here's to setting our dogs and ourselves up for success!



Susan Garrett

www.DogsThat.com





Hand Touch for RZ Set Up

Using a hand touch to position your dog is fun to train and very functional for many situations. You can use it to set your dog up at the start line for dog agility or other dog sports, to get your dog into Reinforcement Zone, start an exercise, move your dog to where you would like them to be, and change sides when you are walking.



Hand Touch for RZ Set Up

How to Play

- Practice the mechanics without your dog at first, and bring them into play when you feel comfortable with the steps.
- Warm up with some random sits. Move with your dog, cue sit, and reward your dog for great responses. Remember to use your release cue for your dog to move from the sit.
- For hand touch positioning, start with your dog in a sit by your side.
- Plant your foot that is furthest away from your dog. Take a step straight back with the leg closest to your dog, and as you step back, present your hand closest to your dog behind you for a hand touch.
- Reward the hand touch with a cookie dropped into your target hand.
- Next, bring your feet back together, and as your dog turns to come back to your side, say "sit" before they get a chance to swing their butt out in front and drift toward you. Reward by your side.
- Advance to step back - hand touch - step forward in a fluid motion, letting your dog's confidence guide your progressions.
- Practice having your dog change sides when you are walking. You can use your hand touch foundations to position your dog whenever you want them to be in a particular place.



Hand Touch for RZ Set Up

Troubleshooting

- If you find your dog starts to fake touch your hand, go back and put some reinforcement into strong touches.
- If your dog drifts toward you when they reach RZ, deliver your cookie on the outside of your dog's head away from you.



Maintain firm hand touches.



Reward on the outside if you get drift toward you.



You can use a hand touch for your dog to change sides when you are walking.

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About Us

DogsThat is brought to you by Susan Garrett and the DogsThat Team.

A world-leading educator of dog trainers, Susan is also one of the most successful agility competitors of the last three decades. She has won multiple Gold Medals at National or World Championship events with her dogs over the past 30 years. Susan was one of the very first dog trainers to share knowledge online when she opened her "Clicker Dogs" website many years ago.

Susan has supported hundreds of thousands of people globally with enjoying a great relationship with their dogs through her workshops and keynote speaking around the world, award winning books, DVDs, magazine articles, interviews, blog posts, podcasts, free dog training and dog agility video series, and online dog training programs.

A natural teacher and an entertaining speaker, Susan is world renowned for her dog training knowledge and practical application of that knowledge. Her understanding of how to apply science-based learning principles to both competitive and family pet dog training has been pivotal in changing how dogs are trained.



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